

BELLA CUCINA
Artful Food

fall harvest

If you've never made risotto, it might seem a bit daunting, BUT REALLY IT'S VERY EASY. IT JUST TAKES TIME. STIRRING, STIRRING, STIRRING. ONCE COOKED, YOU PRETTY MUCH HAVE TO ENJOY IT PRESTO, RIGHT AWAY. AS THE ITALIAN SAYING GOES, "RISOTTO WAITS FOR NO ONE."

Roasted Pumpkin & Sage RISOTTO

4 CUPS ORGANIC CHICKEN BROTH

2 TBSP. UNSALTED BUTTER

1 CUP YELLOW ONION, CHOPPED

1 TBSP. GARLIC, CHOPPED

¼ CUP WHITE WINE

1 CUP CANAROLI OR VIALONE NANO RICE

1 CUP PUMPKIN PESTO

¼ CUP MASCARPONE CHEESE

½ CUP PARMESAN CHEESE

Heat broth on low simmer until ready to use. In a medium- size saucepan, melt the butter over medium heat. Sauté the onions and garlic until soft. Add white wine and reduce by half, stirring occasionally to make sure all of the rice is evenly coated and does not burn on the bottom. Turn heat to medium high. Stirring continuously, add broth by ½ cup increments. As the liquid evaporates, add more. Within 20 minutes, taste for a creamy texture. Add pesto and continue stirring until risotto is al dente. Stir in mascarpone and Parmesan cheese just until blended. Serve at once with fried sage leaves and grated cheese.

Buon Appetito!





AROMATIC SAVORY SALTS

Il caprino, goat milk cheese rounds flavored with a sprinkling of our aromatic savory salts. Elegant and simple.

tempting & simple:

CAPRINO CHEESE ROUNDS

Slice one "log" of goat cheese into 2" thick rounds. Sprinkle each round with one of Bella's savory salts (Photographed above with *Tuscan Rose & Pink Peppercorn, Calendula & Chive, Rosemary & Lavender*) and serve at room temperature with Bella's Dipping Crackers or Pane Rustico.



ARTICHOKE PESTO

Our easy appetizer and Oprah's O-List favorite. Artichoke Lemon Pesto can be served right out of the jar with crostini or appetizer toasts, but we prefer to make the Hot Artichoke Dip recipe from the bottom of the jar for a crowd.

tempting & simple:

HOT ARTICHOKE DIP

Preheat oven to 350 degrees fahrenheit. Mix one 6 oz. jar Artichoke Lemon Pesto with ¼ cup mayonnaise and ½ cup grated parmesan cheese and bake until the top is golden brown and the dip is bubbly, approximately 25-30 minutes. Serve with Bella's Dipping Crackers or Bella Cucina Pane Rustica.



PASSATA AL POMODORO

The freshest bloody mary made with our organic Passata, heighten the flavor of the mary by rimming the edge of the glass with Peperoncino Pimentón Aromatic Salt.

tempting & simple:

BELLA'S BLOODY MARY

In a large pitcher, mix 2 cups Bella's organic Passata, 6 ounces vodka, 2 Tablespoons lemon juice, a dash of Worcestershire sauce and a pinch of Peperoncino & Pimentón salt. Stir until blended. Wet rims of glasses, dip into salt. Fill with ice, pour over bloody mary mix and garnish with celery heart and Persian cucumber spear.



OLIVADA PESTO

Haloumi, a delightfully salty appetizer cheese sautéed in the pan with preserved lemon and Olivada Olive Pesto.

tempting & simple:

HALOUMI ANTIPASTI

Sauté one package of Haloumi in 1 teaspoon olive oil. Sear on both sides until the cheese is soft and forms a light brown crust. Serve with chopped preserved lemon, fried capers and olive pesto. Squeeze with lemon and serve immediately.

Bella's Kitchen Cooking Essentials:

1 SAVORY SALTS. A simple way to add layers of flavor to your food. Sprinkle on meats, chicken, fish or vegetables before grilling, roasting or sautéing.

2 PRESERVED LEMONS. A perfect condiment for Chicken & Artichoke stew made in our Tagine cooker. *{right}*

3 PANE OLIO E SALE. Serve with artisan cheeses, or serve with dressed salad greens or your favorite main dish. *{right}*

4 TUSCAN GRILL. Cooking over hardwood indoors or out adds unsurpassed flavor. Sprinkle meats or fish with savory salt to add more flavor without adding fat.

5 PRESERVED ORANGES. Use this beautiful as an aromatic ingredients for Citrus Sangria or Spiced Apple Cider *{pictured below}*.



One of the nicest things about life is that we must regularly stop whatever it is we are doing and devote our attention to eating.

~Luciano Pavorotti



Appetizers & Entertaining



CARAMELIZED ONION & GOLDEN RAISIN
401 / 6 oz.



LEMON & MINT MARINATED CHICKPEAS
402 / 6 oz.



ROASTED SWEET BALSAMIC PEPPERS
403 / 6 oz.



PICCOLO POMODORO TOMATO & BASIL
404 / 6 oz.



ARTICHOKE SPINACH BRUSCHETTA SPREAD
650 / 10 oz.



CITRUS FENNEL OLIVES GRANDE
498 / 23oz.



ANTIPASTI OLIVES PICCOLO
496 / 10 oz.



FRESH BASIL PESTO
111 / 6 oz.



OLIVADA OLIVE PESTO
112 / 6 oz.



SUN-DRIED TOMATO PESTO
113 / 6 oz.



ARTICHOKE LEMON PESTO
132 / 6 oz., 131 / 23 oz.



SWEET PEPPER PESTO
133 / 6 oz.



WALNUT SAGE PESTO
141 / 6 oz.



ROASTED EGGPLANT PESTO
142 / 6 oz.



SWEET VIDALIA ONION PESTO
143 / 6 oz.



SWEET PUMPKIN PESTO
144 / 6 oz.



ARUGULA & PINE PESTO
145 / 6 oz.



MINT & PISTACHIO PESTO
147 / 6 oz.



GOLDEN PEPPER PESTO
148 / 6 oz.



Pantry Provisions

PRESERVED LEMONS PICCOLO
494 / 10 oz.



PRESERVED ORANGES PICCOLO
495 / 10 oz.



BALSAMIC MUSTARD
305 / 6oz.



CHESTNUT HONEY MUSTARD
346 / 6oz.



BELLA'S DIPPING CRACKER BOX
622 / 5.5 oz.



BELLA'S DIPPING CRACKER BOX
623 / 5.5 oz.



PANE RUSTICO ITALIAN FLATBREAD
625 / 2.2 lb.



PANE RUSTICO OLIO E SALE
626 / 100 gm.



PANE RUSTICO OLIO E SALE
627 / 250 gm.



A TASTE OF TUSCANY EXTRA VIRGIN OLIVE OIL
227 / 16 oz.



CABERNET VINEGAR
300 / 6.7 oz.

Pizza, Pasta, Panini



SAVORY SALTS 2.6 oz.
Citrus & Fennel / 801
Rosemary & Lavender / 802



SAVORY SALTS 2.6 oz.
Wild Oregano & Sage / 803
Tuscan Rose & Pink Peppercorn / 804



SAVORY SALTS 2.6 oz.
Porcini & Parsley / 806
Calendula & Chive / 805



SAVORY SALTS 2.6 oz.
Peperoncini & Pimentón / 807



PASSATA AL POMODORO ROSSO
3000 / 24 oz.



TRADIZIONALE PIZZA AND FOCACCIA DOUGH
502 / 15 oz.



POMODORO PIZZA SAUCE
501 / 23 oz.



KALAMATA OLIVE PANINI SPREAD
601 / 6 oz.



SUN-DRIED TOMATO & BASIL PANINI SPREAD
602 / 6 oz.



GARDEN HERB PANINI SPREAD
603 / 6 oz.



SUN-DRIED TOMATO AND CAPER FARMHOUSE SUGO
3001 / 23 oz.



SUGO ALL'ARRABIATA
3006 / 23 oz.



SUGO ALL'PEPERONATA
3007 / 23 oz.



FIORI PASTA
3005 / 1.1 lb.



PENNONI REGATE PASTA
3002 / 1.1 lb.



Dolci Desserts

CRANBERRY CONSERVE
706 / 6 oz.



CRANBERRY APPLESAUCE
707 / 23 oz.



MEYER LEMON SPREAD
746 / 6 oz.



KEY LIME SPREAD
747 / 6 oz.



BLOOD ORANGE SPREAD
748 / 6 oz.



CROSTATTA SWEET BUTTER PASTRY TARTS
721 / 4 oz.



CIOCCOLATI DOLCI BOX
717 / 3/4 lb.



CIOCCOLATI DOLCI BAG
720 / 6 oz.



BISCOTTI DOLCI BOX
718 / 3/4 lb.



BISCOTTI DOLCI BAG
719 / 6 oz.



PRESERVED LEMON CREAM
745 / 6 oz.



DOLCI NOCCIOLA
791 / 6 oz.



BLUEBERRY BUTTERMILK PANCAKE MIX
631 / 16 oz.



GOOD MORNING GRANOLA
630 / 16 oz.

Books for Cooks



LA BELLA VITA
INSPIRATION
& RECIPES
40



IL PICCOLO LIBRO,
25 SIMPLE RECIPES
41



RECIPE CARDS
44

The Perfect Gifts



PESTO COLLECTIONS
CLASSIC: 100 / 3-6 oz.
CHEFS: 101 / 3-6 oz.



ANTIPASTI COLLECTION
400 / 3-6 oz.



ARTICHOKE BAKING DISH
1015



PICCOLO OLIVE BOWL
1016



DRESSED PESTOS
Artichoke Lemon / 1032
Fresh Basil / 1030
Sun-Dried Tomato / 1034



PANINI SPREADS CRATE
1020



CITRUS SPREADS CRATE
1057



PICCOLO PESTOS
WOOD GIFT BOX
1101



PIZZA GIFT
1710



SAVORY SALT BALSA GIFT
AVAILABLE IN 7 FLAVORS
1801-1807



SAVORY SALT TRIO
BALSAWOOD GIFT
Oregano, Citrus & Porcini / 1900
Lavender, Rose & Calendula / 1901

Tableware



ALFRESCO FORKS,
SPOONS, KNIVES &
SERVING FORK
2005-2007, 2010



CHERRYWOOD SPOON / 2001
TASTING SPOON / 2000
OLIVEWOOD KNIFE / 2002



ANTIPASTI CEDAR
SERVING BOATS
2011



ANTIPASTI PLATES
2072 / 5.25"



ANTIPASTI SERVING TRAYS
2064 / piccolo, 12.5"
2063 / grande, 18"



CONDIMENT DISHES
Salt & Pepper / 2075
3" Oval Condiment / 2040
Spouted Pourer / 2041



SERVING BOWL, PICCOLO
2090 / 5"



RECTANGULAR PLATTER
2051 / piccolo 12"
2045 / grande 18"



CAKE STAND
2048 / piccolo 10"
2049 / grande 14"



SALAD PLATE 2031 / 8"
DINNER PLATE 2030 / 10"



SALAD PLATE 2032 / 8"
DINNER PLATE 2050 / 10"
SERVING PLATTER 2052 / 14"



ROUND SOUP/
PASTA BOWL
2039 / 10"



TAZZA ESPRESSO CUPS
2042 / 3" tall
2043 / 4" tall



TAZZA CARRIER WITH
TAZZA ESPRESSO CUPS
2044



SERVING PITCHER
2062 / piccolo, 7"
2033 / grande, 10"



OVAL MIXING/
SERVING BOWL
2073 / 13" x 11"



NESTED MIXING BOWLS
2047 / set of 3: 6", 8", 10"



RUFFLED BAKING DISH
2071 / 6"



ROUND BAKING DISH
2036 / 7"



PICCOLO TAGINE
2053 / 5"



TAGINE COOKERS
2078 / mezzo, 8"
2079 / grande, 14.5"



TUSCAN ITALIAN GRILL
9001 / original



TUSCAN ITALIAN GRILL
9002 / grande

Artful Home



TABLE RUNNER
4005N, natural / 18" x 22"
4005W, white / 18" x 22"



EUROPEAN NAPKIN
4004N, natural / 22" x 22"
4004W, white / 22" x 22"



CHEF'S APRON
4000N, natural / 35" x 37"
4000W, white / 35" x 37"



MARKET TOTE
4008N, natural / 16" x 15" x 4"
4008W, white / 16" x 15" x 4"



DINING BENCH
4061, without slipcover
4007N, Slipcover/Natural
4007W, Slipcover/White
40" x 39" x 18"
*C.O.M. by request



DINING CHAIR
4060, without slipcover
4006W, Slipcover/White
40" x 39" x 18"
*C.O.M. by request



DINING CHAIR
4060, without slipcover
4006N, Slipcover/Natural
40" x 39" x 18"
*C.O.M. by request

Journals



POSTE-ITALIANE
PIETRA SANTA
7000 / piccolo
7001 / grande



POSTE-ITALIANE
VERONA
7002 / piccolo
7003 / grande



POSTE-ITALIANE
CASTEL MASSA
7004 / piccolo
7005 / grande



POSTE-ITALIANE
LIVORNO
7006 / piccolo
7007 / grande



POSTE-ITALIANE
GENOVA
7008 / piccolo
7009 / grande



POSTE-ITALIANE
LUCCA
7010 / piccolo
7011 / grande



POSTE-ITALIANE
PESCANTINA
7012 / piccolo
7013 / grande



POSTE-ITALIANE
AVERSA
7014 / piccolo
7015 / grande



POSTE-ITALIANE
SIENA
7016 / piccolo
7017 / grande



POSTE-ITALIANE
ROMA
7018 / piccolo
7019 / grande



{ Casa Collezione }

A)



B)



D)



C)

A) DINING CHAIR & BENCH
Elegant styling allows this tall thin parsons dining chair to double as a desk chair. Made in America, upholstered in pure linen, not muslin. C.O.M. available by request. Slipcover separate. 40" x 39" x 18" (Bench also available 40" x 39" x 18")

B) TABLE RUNNER & NAPKINS
Choose from natural or bleached linen, can be used down the center of the table or on a bistro as a shared placemat with the person across from you, as they do in roman cafes. 16" x 60", 22" x 22"

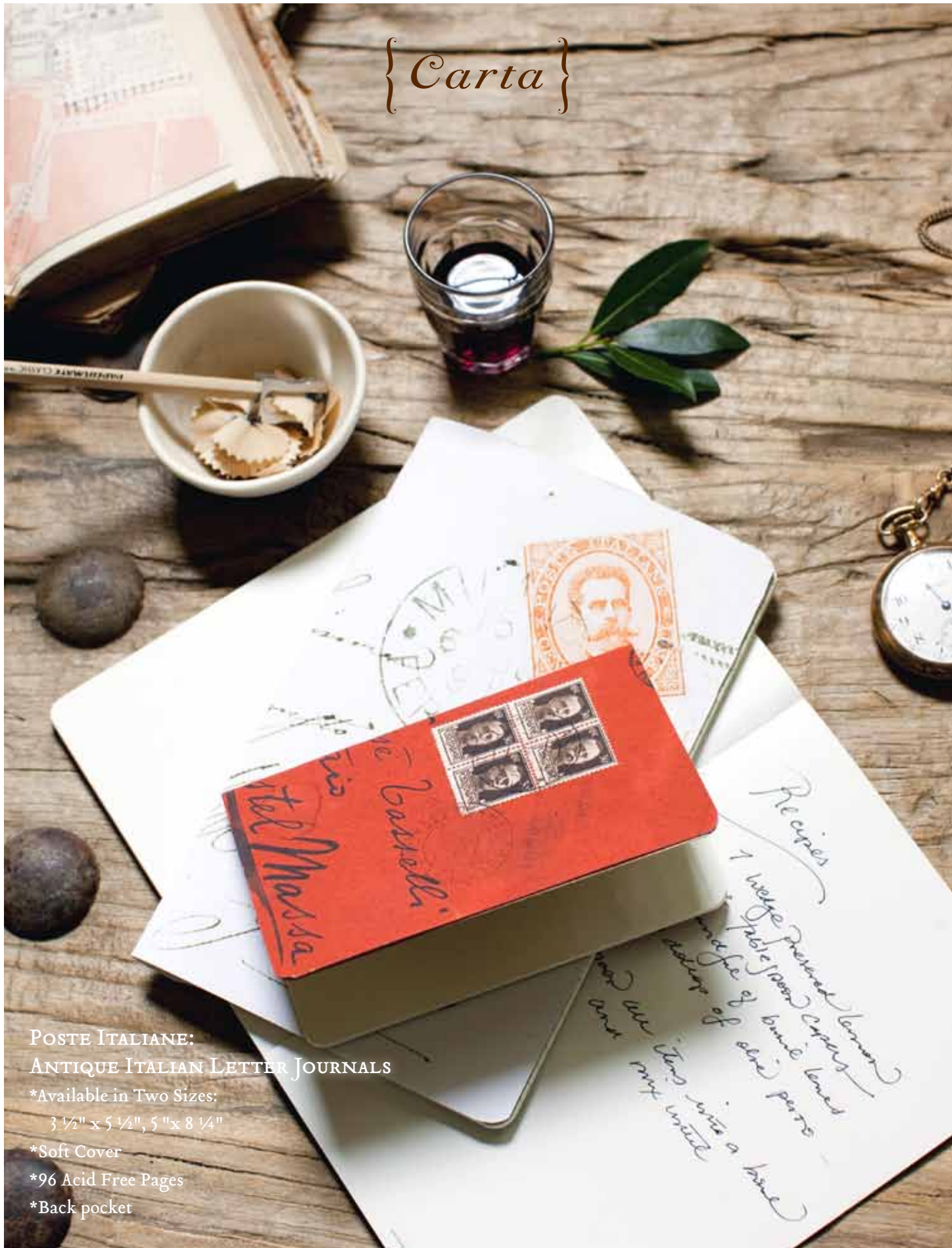
C) CHEF'S APRONS
In natural or bleached, pure linen is washable and just gets better with age. Extra long with deep divided pockets. 35" x 37"

D) MARKET TOTE
Light as a feather this woven interlined tote carries to the farmer's market in your pocket and expands out to accommodate a garden's harvest. Tote to the beach, to the garden, to the market. 16" x 15" x 4"

All items Made in the USA.

WWW.BELLACUCINA.COM

{ Carta }



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ANTIQUE ITALIAN LETTER JOURNALS

*Available in Two Sizes:

3 1/2" x 5 1/2", 5" x 8 1/4"

*Soft Cover

*96 Acid Free Pages

*Back pocket



SIENA GIORNALE



VERONA GIORNALE



CASTEL MASSA GIORNALE



LIVORNO GIORNALE



ROMA GIORNALE



LUCCA GIORNALE



PESCANTINA GIORNALE



AVERSA GIORNALE

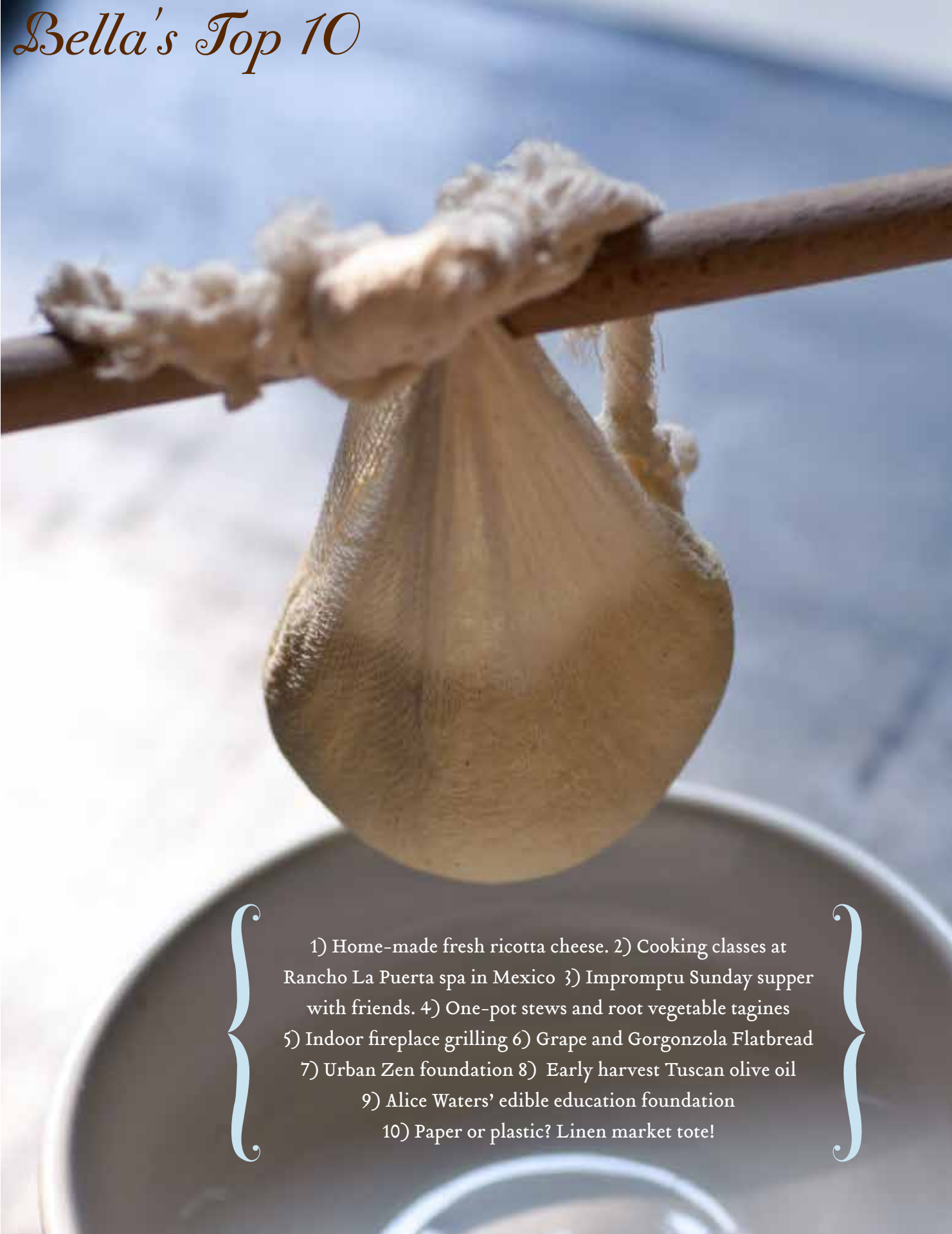


SIENA GIORNALE

SHOWN IN PHOTO: GENOVA & CASTEL MASSA

WWW.BELLACUCINA.COM

Bella's Top 10

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- 1) Home-made fresh ricotta cheese.
 - 2) Cooking classes at Rancho La Puerta spa in Mexico
 - 3) Impromptu Sunday supper with friends.
 - 4) One-pot stews and root vegetable tagines
 - 5) Indoor fireplace grilling
 - 6) Grape and Gorgonzola Flatbread
 - 7) Urban Zen foundation
 - 8) Early harvest Tuscan olive oil
 - 9) Alice Waters' edible education foundation
 - 10) Paper or plastic? Linen market tote!